

HMP HIGH DOWN

Cat C Training and Resettlement Prison

Approx 1200 prisoners

- Majority of High Down prisoners are released into London
- 54% of the population has been at the prison for less than 6 months
- 40% of prisoners have no visits at all
- 11% of prisoners have no contact at all with anyone outside the prison
- 30% of our population are recalls are due to no job/family/accommodation
- In October 2023 57 men were released – 5 had employment and 49 were housed !

“There comes a point where we need to stop just pulling people out of the river. We need to go upstream and find out why they’re falling in.”

Desmond Tutu

Reducing reoffending

- Accommodation and support
- Employment and education
- Drugs and Alcohol
- Family and Social Support
- Life skills and Offending Behaviour
- Health (physical and mental)
- Financial Management

Education at High Down

- Rail Track
- Solar Panel Installation
- Steel Erection
- Barista Engineering
- Barista Operator
- Dumper truck training
- Gym Qualifications
- Cleaning & recycling
- Forklift Operators Training
- Food handling
- Bicycle repair
- Horticulture
- Roofing
- Multi skills
- **And many more...**

There is solid evidence that engagement with community groups reduces criminal behaviour. Do you know anyone who can support us here at High Down with:

- Activities for our older prisoners (aged 50+)
- Trans/LGBT support
- Faith groups
- Music activities
- Gypsies and travellers
- Art
- Drama
- Coffee mornings
- Tai Chi
- Hobbys and passtimes
- Neurodiversity

Can you
help ?

**NEVER BE
A PRISONER
OF YOUR**

PAST



**IT WAS JUST A LESSON,
NOT A LIFE SENTENCE.**