

Together Sutton Cranstoun + Harm Reduction

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CRANSTOUN
Empowering People, Empowering Change



Cranstoun New Vision

- In a world with increasing drug related deaths, Cranstoun understand that our current system might not be meeting the needs of everyone.



Drug related deaths in UK, 2020



6,000+ deaths:

- Scotland 1,339
- NI 218
- E&W 4,561

Much higher death rate than EU have.



What is Harm Reduction

- At Cranstoun we rebranded our service as The Social Justice and Harm Reduction Charity
- With the intention of bringing meaningful Harm Reduction practice back to UK drug services.
- Harm Reduction is just care and compassion in its purest form supporting people where they are at, and for what their need is.

Harm Reduction practices

- There are many interventions we can offer: classic ones like Needle Exchange, Alc reduction plans.
- But, we are trying to broaden this. We have invested in the development of OD prevention wristbands to be trialled in a hostel.
- We have peer2peer projects: Score + PACKS
- We work towards the legalisation of ALL drugs



A new harm reduction era?

- Wearables
- Regulated supply
- Paraphernalia
- Take home flumazenil
- Stimulants prescribing



Does this mean you're anti recovery?

Absolutely not!
Let me explain!

Social Media

- We wanted to engage in a different space with our Harm Reduction messages
- We created our **Harmreduction_al** profile to share these messages, and the wave of success is something we never expected.
- 1.5 million views to date, and we only started in Dec 2022.
- With high engagement from 18 – 35, which is the hardest age group to keep in support in our services.
- This shows there is a vast interest in harm reduction, and it's time for services to meet this need!

